



French Cuisine

Tutor Name:

Fanny Bara Moreau

Day & Date

Wednesdays

20 September 2017

17 January 2018

25 April 2018

Timings

7pm - 9pm

Price:

£88

Number of Weeks

8

Target Group

For people interested in French cuisine

Skills and qualifications needed:

Basic knowledge about cooking

Any further steps

see website for more details

Teaching & learning methods used:

Demonstration of cooking and guidance for the students when preparing theirs. Trying and tasting. Recipes given for every dish.

Course Details

This course is about French cooking. Make some well known French classic dishes with some tips and twists. Discover the story or the "region" beyond the cooking. Learn the technique, taste and take your own home to share.

How progress and success will be recorded:

Notes taken at the end of each course to see how to improve the session, how to help and support the students individually.

Materials required for first week:

Sweet and savoury short crust pastry (Quiche Lorraine and chocolate tart)

Ingredients: smoked bacon, unsalted butter, flour, 150ml cream fraiche, 150g chocolate, grated gruyere, 6 eggs, sugar, salt, pepper. Materials: 2 bowls, 1 sharp knife, 1 tart dish.

Additional Costs:

Learners are required to bring their own ingredients and some equipment





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Course Information Sheet

We are fully committed to equality of opportunity and we welcome enrolments from everyone. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect.

We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirement with us in confidence.

Arrangements have been made to make sure that you are safe in this centre. If you feel you are not safe for any reason, please tell your tutor or centre manager, who will investigate to ensure your safety.

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