



Diabetes & Me

Tutor Name:

Kim Lee Owe

Day & Date

Wednesdays

17 January 2018

Timings

7pm - 9pm

Price:

£35

Number of Weeks

5

Target Group

People with a diabetes condition who wish to explore the emotional/mental health aspects of how it is affecting them

Skills and qualifications needed:

none

Any further steps

Teaching & learning methods used:

Group discussions, experiential exercises, Creative, Didactic

This is not a course related to the medical side of a Diabetes Diagnosis

Course Details

To explore the effects, adjustments and personal decisions that may be needed, following being diagnosed with diabetes, and providing a framework to aid understanding elements of the process.

How progress and success will be recorded:

Students will self-assess, according to their personal goals

Materials required for first week:

Additional Costs:

Pen & Paper, (A4 book or binder, would be ideal). Other materials will be provided.





Sawston
Adult
Education

Course Information Sheet

We are fully committed to equality of opportunity and we welcome enrolments from everyone. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect.

We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirement with us in confidence.

Arrangements have been made to make sure that you are safe in this centre. If you feel you are not safe for any reason, please tell your tutor or centre manager, who will investigate to ensure your safety.

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