



## Indian Dance

**Tutor Name:**

**Vidya Math**

**Day & Date**

**Wednesdays**

**20 September 2017**

**17 January 2018**

**25 April 2018**

**Timings**

**7pm - 8.10pm**

**Price:**

**£56**

**Number of Weeks**

**8**

**Target Group**

**all**

**Skills and qualifications needed:**

**none**

**Any further steps**

**Teaching & learning methods used:**

**Steps are demonstrated to the students and concepts are explained. Interactive learning is also employed, where students are asked to explore concepts theoretically and in dance format. Students will also work in groups and pairs to consolidate what they are learning**

**Course Details**

Vidya's Indian Dance course is a delicious blend of Classical Kathak, Folk Dance, Film-style Dance (Bollywood) and Fusion Dance. It is great for fitness and is danced to upbeat music with beautiful melodies and enticing rhythms. You can wear any clothing that allows free movement and although dancers are usually barefoot, dance shoes can be worn, too.

**Learning Outcomes**

The course offers the opportunity to learn

- Basic footwork
- Spin techniques
- Hand movements
- Expressions in dance
- Dance routines to Fusion and Film music
- Techniques in choreography

**How progress and success will be recorded:**

Students are visually assessed each lesson, to ensure they have successfully gained knowledge of what is being taught. Additional teaching is carried out during the lesson, as required.

**Materials required for first week:**

**Additional Costs:**

Learners need to wear comfortable clothing, dancing is usually done in bare feet



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# Course Information Sheet

We are fully committed to equality of opportunity and we welcome enrolments from everyone. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect.

We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirement with us in confidence.

Arrangements have been made to make sure that you are safe in this centre. If you feel you are not safe for any reason, please tell your tutor or centre manager, who will investigate to ensure your safety.

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